

AMERICAN SURVIVOR

SURVIVAL INFORMATION FOR THE NEW AMERICAN

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The Dying Voices of Preparedness

By James C. Jones

Will American Survivor be the last preparedness and survival publication in print?

I was just informed that Backwoods Home magazine will cease publication. This is yet another casualty of blogs, U-tube and free internet content. Backwoods Home was philosophically a survival magazine, but had a severely limited range. Being published in the Oregon back-country, there was a lot about cabin building, goat raising and jam making and not much about urban and suburban survival concerns. That limited its appeal to less than 10-percent of the population. The cost of paper publication printing and mailing against electronic publication is rapidly reducing the number and size of existing survival and preparedness publications. Even the NRA's National Rifleman and National Geographic's magazines are down to less than half of their previous number of pages. Recently Harris Publications ceased publishing Survivors Edge (Harris went entirely out of business),

Survivalist magazine and Prepper and Shooter and just this month BugOut magazine have also stopped publication. There are still a number of survival/preparedness magazines published occasionally under various titles to be found on newsstand shelves. Self-Reliance magazine is still in print as a subscription magazine as is and Mother Earth News. More alarming is the declining number of good survival and preparedness books being printed. Live Free USA buys survival related books from out-of-print book dealers to sell at expositions, meetings and gun shows. Many of these books are not being reprinted again and are now permanently out-of-print,

It is unfortunate to see this casualty-rate among printed publications. In my opinion, blogs, posts, email letters and websites lack the quality, depth and sustainability of magazines, newsletters and books.

American Survivor was originally published as "Directions" and then "New Directions" by Live Free starting in the early 1970's. The first issues were actually mimeographed. We are the oldest established and surviving

survival/preparedness publication in America. We have survived because (1) we are not trying to make a profit and do not need to make a living at it and (2) we have been dedicated to the cause through its ups-and-downs for decades. At one point in the 1990's we were down to about 55 copies per issue. Back in the 1980's we put out a 16-page issue every month. Today we distribute about 500 printed copies ever-other month, but many more are downloaded off the website. I have also found that people have kept back issues from our earliest times in binders. I am reluctant to go to an email only distribution of American Survivor for several reasons.

- About 30% of our members never provide an email address and would probably not renew at all.
- Email publications dump into an ocean of on-line publications, most of-which few have time to find, download and print or read. Personally, I have no time to read 90% of my incoming email and I never download any forwarded stuff.
- Existing email survival magazines seem to be focused on profit and selling stuff to readers, rather than in-depth material.
- Postage and printing are still affordable enough to mail these issues as long as we have help with assembly and stamping.

The real issue is continuity. Most of our writers are well past 60 and volunteers for editing, assembling and managing are harder and harder to find. In the past we have had a number of other editor's take over, but quit after a year or two after changing the format or running consistently late issues. Recovery and rebuilding then made more work for me. This is why I hang on to this simple format and basic content.

We have hundreds of articles in stock and we could even expand the size and circulation if we had others to handle editing, production and mailing. Meanwhile, I will hang on for a few more years if necessary.

Other survival and preparedness publications in my archives are;

- Preparedness Journal: this was a low-budget magazine that was published for a few years late 1990's focused on the Y2K issue.
- Practical Survival: Published in the late 1980's through the mid 1990's
- Survive: a slick, well-illustrated magazine published by the same folks that publish Soldier of Fortune magazine. Published from the early 1980's to the mid 1990's
- Survive Tomorrow: A multi-page newsletter that was numbered to be placed in a binder. This was published through the 1980,s
- Survival News: A basic newsletter published out of Riverside IL in the 1980s
- Australasian Survivor: Published by the Aussies in the mid 1980's
- American Survival Guide: Published From the early 1980's through the early 1990's. This was by-far the widest-read and longest-running survival preparedness publication in America. They featured several articles about Live Free USA including our 25th anniversary recognition with yours-truly on the cover, repelling down a cliff.

The above publications ceased distribution because there was a significant decline in interest and support for survival and preparedness immediately after the end of the Cold War. Most survival organizations dissolved and Live Free USA had to drastically reduce publications and

activities to survive through this period. Only our loyal, hard-core members and mission dedication kept us going.

Survival for Children and Adolescents (part two)

By James C. Jones, EMT/CHCM

In the previous article (part one) we covered the hazards our children and adolescence face at home and on the streets. In this part we will address the hazards at school and surviving disaster situations. Finally: there are some tips on survival kits for kids and how young-people should interact with police. Preparing our children mentally and physically to survive the future threats to their lives and freedoms may be the most important mission of today's parents and guardians'.

Hazards at School

Young people are subject to a tremendous amount of hazards while in school. They spend much more time interacting with their peers than with their parents. What seems to be acceptable within their group may be high-risk behavior with potentially disastrous consequences. Their desire to fit in supersedes good judgment. They seek leadership and a sense of belonging. Saying no and being different takes courage and determination for them. Home, family and established values are their only defense. I have heard a parent say "I don't understand my child, he never listens". You are the one that needs to be listening! They need to feel comfortable talking to you. It's your job to get them through school safely and without making poor decisions and associations. School hazards include, bullying, gangs recruitment, drug pushers, assaults, and abuse. In recent years incidents of so-

called "active shooters" have also been more frequent.

Active Shooters Survival for Youth

A child or young adult may encounter an active shooter situation at school, in a public place or even on the street. Young people must be encouraged to report anyone in school who talks about shooting, killing, revenge or having guns or bombs. They should be trained to immediately report sighting a firearm being carried into the school by a student or faculty. At the first sign of a potential shooting incident or upon hearing shots fired they should know what to do. The school may have a plan for a shooting incident, but in all cases the child should know where to take cover if evacuation is not possible. Quickly getting out of sight if possible behind solid walls or appliances is the next best option to escape. Barricading the door in a room is another way to stay safe. If these are not available choices then lying flat and playing dead may be their only chance. Running or just standing in place is an invitation to being a target in such situations.

Preventing Adolescent Drug Abuse

Adolescents do not think like adults. They are highly susceptible to peer pressure and the need to fit in. In fact, doing just the opposite of smart behavior is usually more appealing. It's just not enough to assume that a child is "too smart" to try drugs or join a gang. Think. Everyone knew that cigarettes were bad (very bad) for your health, yet generation after generation of youths' eagerly took up the habit and paid the price of poor health and early death.

Household chemicals such as paint thinner and adhesives can be huffed. Alcohol can be injected inhaled or absorbed in new more intensive ways. Prescription drugs and even some over the

counter medications can be abused. Marijuana, heroin, cocaine, and a constantly changing variety of synthetic drugs are out there for your child to try. Drug pushers are experts at tempting young people “all your friends are trying it”, “just try it once” to get them hooked. Addicts desperately need to make more addicts and will intimidate and ostracize any outsiders that do not use. It takes a strong will and a firm awareness that the parents and family are far more important than these losers. Don't wait. Discuss the dangers of drugs with children in grammar school and continue the discussion each year. Discuss the health and legal consequences and have examples from the news of how people deteriorated physically, committed crimes, ruined lives and often died just because they tried something.

Children and adolescence often follow examples of parents, relatives and other adults. Parents who smoke, drink in excess, use any form of drugs recreationally or tolerate such behavior among friends or associates are encouraging drug experimentation and abuse regardless of what they tell their children. You must set the example before you can prevent this self-destructive behavior.



Surviving Disasters (home, school outdoors)

The frequency and severity of disasters and violent incidents is increasing. Every family should be prepared to cope with emergencies without help if necessary. The parent owes it to his/or her children to assure that there is water, food, shelter, basic first aid supplies and other necessities on hand. Evacuation-Packs should be ready for adults and children as well. As children grow older their level of emergency responsibilities and their equipment should be improved.

School-age children should be taught basic first aid including how to recognize signs and symptoms of heart attacks, strokes, hypothermia, hyperthermia, and insulin shock. They should be able to recognize severe versus minor bleeding and how to apply direct pressure and elevation to stop it. Older children should be learn to do CPR and apply tourniquets along with basic bandaging and splinting. Children must know to “stop, drop and role” if they are on fire and to quickly cool (cold water) and cover (sterile bandage) for the treatment burns.

Lost or Separated Children

Regardless of how vigilant a parent or guardian is, a child can become separated or lost. This may occur at a shopping mall, public event or outdoors. Children should be instructed to stay in one place as soon as they realize they are lost or separated. Retracing your steps or going to the place you last saw them is the best chance for fast recovery. Children should also be instructed to seek out a police officer, security guard, event staff or a store employee for help. They can also blow their whistle to attract help, but should never go with a stranger.

Storms, Tornadoes, Hurricanes, Power Outages

Children and adolescence need to know what to do if they are home alone or away from home when severe storms, earthquakes, floods, power outages and other disasters occur. They should be instructed on how to escape, find shelter, get to help and survive until you can get to them. They should be given increased responsibilities in your family emergency plans as they grow older.



Family Passwords and Code Words

The family should have a special code word to say “I need help” and a password to use to say “it’s me, a family member” to avoid mistaken shooting or injury in the dark. You may want to have special action-words to activate various emergency plans as well.

Survival Kits for Children and Teens

One of Live Frees’ slogans is that “it’s not what you have, it’s what you have with you that counts” Having age appropriate items to aid in emergency situations carried in the child’s pockets or packs can provide lifesaving support in emergencies as well as providing a sense of comfort and self-confidence. **Having their own “survival items” and “survival kits” will develop a preparedness and self-reliant mindset**

that will serve them well as they mature to adulthood.

Early childhood survival items would include a whistle, BandAids™, a miniature flashlight, and a child size N95 respirator*. Some packaged, non-perishable (for emergency use only) candy can also impart some comfort. A card containing emergency contact information, the child’s name, address and contact phone numbers, and any medical conditions or required medications should always be carried. This card should be sealed in plastic. **DO NOT DEPEND ON CELL PHONES AND APPs for this!**

As children grow older more survival items can be added such as energy bars, light sticks, pepper spray, Mylar survival blankets, bandanas and even tourniquets. More complete survival kits should be created for children and adolescence to take on outdoor activities and there should be a full evacuation pack of appropriate content, size and weight for young family members as well.

About Knives

Up until recent times the possession of a “pocket knife” was a rite-of-passage for boyhood. These were usually small one or two bladed knives. Every boy over the age of ten had one. They were never used as or considered to be weapons. Today carrying a knife of any sort to school is usually prohibited. A pocket knife, Swiss Army™ knife or multi-tool device is still an essential survival item for non-school pockets and kits, but should come with parental supervision and safety training.

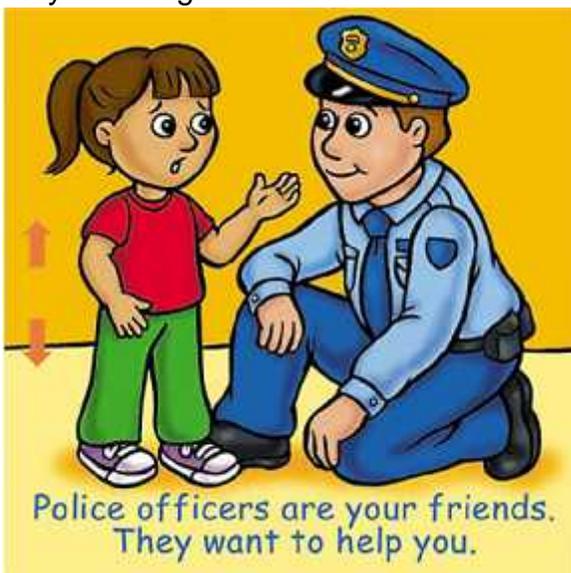
** Fires, tornadoes, chemical incidents and biological hazards all create airborne soot, dust and mists that can be immediately harmful. It is important that children and adolescence have a means to protect themselves from these risks. Child size*

respirators can be purchased on line. Buy enough to cover an extended (epidemic, etc.) situation and show the child how to properly fit them. Adolescence will be able to use adult size respirators that they carry



Youth Interaction with Police

Young people must understand that police officers are sworn to enforce the laws and protect the public. Children should be introduced to police officers at an early age and come to see them as sources of safety and help. Violence of any kind is the last resort for a police officer, but when faced with a threat to themselves or others they are obligated to act.



The police do not just go around shooting innocent people walking down the street. Although some police shooting turn out to be overreactions or accidents they were in situations precipitated by the victim's criminal activities and/or failure to promptly obey police commands. If a person appears to be armed, appears to be a threat to others or fails to obey commands the police are justified to use deadly force. **They are not allowed to simply let the offender run off.** For an officer to fail to do everything in their power to detain the suspect is called "failure of duty" and the officer or officers are subject to disciplinary action and possible termination. They are not obligated to try to chase and tackle an offender that may well be faster and stronger than they are. **They are obliged to stop the offender by the most effective means necessary while minimizing the risk of injury to themselves and others.** Actually the way to avoid being shot is pretty simple.

Children and adolescence must be taught the following rules by their parents and guardians

- Don't be involved in criminal activities
- Don't do drugs
- Don't hang-around gangs or act and dress like a gang member
- Don't run when the police say stop
- Don't point things (any things) at the police
- Stop and obey every police order immediately
- And of course: Do not fight or struggle with officers.

Parents and guardians must not tolerate and enable your children's participation in any kind of criminal, gang or drug related activities. Do not tolerate criminal activities or drug usage by friends and family members. Teach them the above rules for

avoiding violent police/civilian confrontations. Teach them self-respect, respect for others and respect for the law. Make them safe, responsible and productive citizens. That's your job.

Sources

The material for this article was derived from the author's personal experience and contacts on the Southside of Chicago combined with a survivalist approach to these issues and research materials from a variety of police, medical and child protection organizations.

LIVE FREE USA 49th ANNUAL MEETING REPORT

The following is a summation from the agenda and the "State of Live Free" report at the 49th Annual Meeting held at Cabela's Conference Center in Hammond IN, on Sunday March 19th, 2017. The meeting was called to order at 1:14 PM and the following reports and activities were conducted.

- The income for the year 2016 was \$10,337.58, about \$1,000.00 less than in 2015. The Expenses in 2016 totaled 11,344.80. This was over \$1,500.00 more than we spent in 2015. The shortfall in income was attributed to not having a Camp Independence event in 2016. The higher expenses resulted from building up the book inventory to cover multiple gun shows and expos and camp ground reservations for events to take place in 2017. Membership dues brought in \$3,450.00 and book sales earned \$4,206.70. Very little was brought in from events and programs and contributions was a paltry \$118.00. The large inventory of books and prepaid event facilities are assets that balance against the reduction in cash on hand. In 2016 Live Free USA conducted multiple survival education

courses, exhibited at six preparedness expositions and six gun shows. We had more meetings and committee meeting than any previous year and added several new chapters. While several major survival and preparedness magazines have ceased publication Live Fre USA continues to publish and distribute American Survivor. Our newsletter is proud to be the oldest continuously published preparedness publication in America.

- Beth Duensing reported that plans for Camp Independence 2017 are progressing well. She is recruiting vendors and exhibitors for the event that will be conducted at Camp ToPeNeeBee just south of Michigan City IN. on September 8th and 9th. Those who wish to register or be vendors should contact her at: bethd@libertystraightup.net. Jim Jones is establishing the schedule of speakers and classes. Contact him at survivorjj@aol.com if you want to be a presenter.
- Tom Garza is the new Chapter Development and Support Coordinator. He discussed several plans for increasing the number of Live Free USA chapters and making chapters stronger. He indicated that there will be a full set of instructions on how to create, build and sustain a chapter in the coming months and some discounted pricing on survival equipment and training available for chapter members as well. Contact Tom at tag@leadersroundtable.com.
- Larry Chisausky reported on the progress of the Survival Medics Group. They are continuing to meet and expand while planning to put on a major educational program at Camp Independence. The group may also

sponsor another Survival Medics course next fall. Anyone interested in the medics group can contact Larry at larry.chisausky@gmail.com.

- A new Safety and Security group was initiated to provide security and access control at Live Free events and study home and personal defense issues as well. More information on this team will be available soon. Anyone interested in joining this team email jwgross2@gmail.com
- The President, Recording Secretary and one director were up for election to three-year terms. Jim Jones was reelected as President, but stated that he only intends to hold that office for one or two years. Mark Smith was reelected as Recording Secretary. Tom Garza was elected to fill an open directorship. There were no proposed amendments or proposals to increase the number of directors this year.
- A small committee consisting of three of the founding members and a few veteran members was designated to start planning for Live Free's 50th Anniversary celebration next year. There will be a dinner, special presentations and exhibits. We hope to have outside guests and publicity for this event. Anyone interested in helping please contact Jim Jones at survivorjj@aol.com.

The meeting adjourned at 3:28 PM, but committee meeting and conferences continued until well after 4:00 PM

“There is an App for that!”

By Rudi

If you are a CCW holder, one of the most daunting tasks that you face is keeping track of changing laws, both in your home

state and in other states that you may be traveling to. Fortunately, there is a FREE app that is a BIG HELP: **“CCW-Concealed Carry”** by **Workman Consulting, Inc.** I downloaded it from the Google Play Store. It is a complete 50 state guide and includes the following:

- State reciprocity guide, e.g., Missouri's CCW is valid in 39 other states;
- Crowd-sourced listing of businesses with anti-gun signs, and pro-2a alternatives (costs 99 cents);
- A GPS feature that locates which state you are currently in;
- For each of the 50 states: 15 key details including such issues as transport laws, duty to inform officers, preemption laws, and much more essential info;
- For each of the 50 states: links to the state statues, and the highway patrol CCW laws, and where guns are and are not allowed including restaurants that serve alcohol, roadside rest areas, state parks, etc.
- Links to shooting ranges: in Missouri, this are public ranges run by the Missouri Department of Conservation (it will vary by state).

Last but not least, this app updates all laws and regulations as they become available, but first asks you if you want to let it update. Frankly, I don't see how any CCW holder can do without this valuable resource.

Bandannas for Survival

In my various articles and classes where I talk about what you should have in your pockets, I often include tissues, dust respirators and/or Band-Aids. The tissues can be used as emergency respirators or wound covers. Somehow, I neglected to include large handkerchiefs or bandanas in my recommendations. My bad! Bandanas were a must have in past centuries and

should be carried by anyone seeking to be perpetually self-reliant today. Bandanas come in a variety of colors and usually are about 22 x 22 inches square, costing less than \$3.00 each. They can easily be folded into any pocket. A bandana can be quickly turned into an effective bandage, tourniquet, splint/sling, dust mask*, head cover, and short rope, carrying sack, help flag, and more. MacGyver could probably find another 100 uses. Oh, don't forget its use as a cleaning cloth and handkerchief. I recommend that you carry two, one red or yellow and one dark or camouflage.

You can also get bandanas imprinted with survival or first aid information on them. The "Survival Bandana" is bright orange and has some basic illustrations and instructions that could be helpful in outdoor survival situations, such as hiking safety, first aid, animal tracks, hydration and direction finding. Available from Survival Metrics .com for \$7.95 at www.survivalmetrics.com . The "First Aid Bandana" is red and has signs, symptoms and aid instructions for severe bleeding, shock, snake bites, fractures, heat stroke, hypothermia and other medical emergencies from River Gear for \$7.50 go to <https://rivergear.com>



More about Multi-Tool Devices

In a recent issue we compared the ubiquitous Swiss Army™ knife with various versions of the "multi-tool" originally

developed by Leatherman™. While the Swiss Army knife is more practical for every-day carry, the multi-tool would seem to be a "must have" for camping, and survival situations, but should be supplemented with full sized knife. If you are going to carry just a multi-tool, be sure the knife deploys and locks while tool is closed. Opening and deploying a knife from the inside of these devices is clumsy and slow. Multi-tools come in a wide variety of sizes and designs. Tools range from eight to at-least 16. Some even come with tools and no knife at-all.



The Leatherman Wave™ has locking saw and knife blades that open from the outside. You cannot deploy these blades once the tool is open. Blades and tools can be ordered from Leatherman and replaced as needed.



The small Cabela's miniature multi-tool (top left) has eight functions and cost only \$6.00. Perfect for pocket, keychain or purse. The Leatherman Wave (lower left)

has 16 functions and sells for about \$85.00. The Leatherman™ Kick and Sidekick (left side) are a bit smaller and must be opened to get at any of the tools, including the knife blade. Most of these come with a belt-pouch and some have a lanyard-ring.

It's hard to imagine a "prepper", "survivalist" or readiness practitioner not carrying one of these.

Welcome New Live Free Chapter in Virginia

We are excited to welcome the **Dismal Swamp Preppers** to our growing list of real (not virtual) active preparedness and self-reliance Live Free USA chapters. This group is in the Norfolk VA region near to Portsmouth, Newport News and VA Beach

They are a small but active group of friends that are working together to learn from each other, teach each other, and be able to depend on each other if times get rough. Our focus is on building community, providing both classroom style and hands-on training, and generally learning self-sufficiency while sharing. A good portion of the classes are based on group input and sharing.

There motto is: Survive. Thrive. Help Others. Help Yourself. No matter what your goal is in the prepping process, this site will help you connect with others of a like mind. **We encourage our members in that region to contact them and our chapter representatives to network with them.** **Contact:** Tim and Carol McCann, cgmccann@cox.net trmccann@cox.net. FaceBook _____ page _____ at: <https://dismalwamppreppers.blogspot.com/>



MEET LIVE FREE USA ON MAY 6 TH!

9:00 AM till 5:00 PM, SATURDAY MAY 6th, 2017

PORTER COUNTY EXPOSITION CENTER,
215 E. DIVISION RD. VALPARAISO INDIANA

This event is under new management and will be well advertised and have a full hall of great preparedness and survival related vendors. There will be plenty of workshops and speakers as well. Live Free USA will have a large booth and will also be making a presentation. Full details and schedules will be available at the AmericanSurvivor.org/Events website and at the Greatlakes Preparedness Website at GLEPE.com. Vendors can secure booths through their website or by contacting them at jesse@dcastlegrant.com , or 1-810-225-9801 EXT 106.

Indiana Gun Shows

In addition to all of the Central Indiana Gunshows shows in Crown Point Indian for 2017 Live Free will have tables at their shows in South Bend and maybe Kokomo and other locations this year. Go to www.centralindianagunshows.com/show-dates-info for schedules. These are great opportunities to meet your local members and chapter leaders and buy survival books from our table at discounts.

CAMP INDEPENDENCE 2017

***SAFETY THROUGH PREPAREDNESS
FREEDOM THROUGH SELF-RELIANCE***

**Friday September 8th – 6:00 PM till 9:00 PM
Saturday September 9th, 8:00 AM till 9:00 PM
Plan Now To Attend!**

New Location: Camp ToPeNeeBee, on 297 N. Holmesville Rd, Michigan City Indian, This is conveniently located just off US Highway 421 south of I-94 and north of I-80/90 Indiana Tolle Road at county Road 100 N. Free camping with paid program admission. Training events Friday evening all day Saturday and Saturday evening. Vendors and demonstration free. Access to all training presentations and workshops just \$25.00 per person or \$40.00 per family if registered before August 15th. Bunk spaces \$10.00. Registration through PayPal at the Live Free USA website Events section. For information on vendor rates and availably contact bethd@libertystraightup.net. To offer help or to do a presentation contact survivorjj@aol.com. More details on class schedules and speakers will be published on our website at americansurvivor.org and in this newsletter.

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Contributed articles are welcome and needed. We do not pay for material but we are tax-deductible. All articles must be in MS-Word or compatible format via e-mail

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IN COMING ISSUES

Surviving a Nuclear Event, Human Extinction, Surviving a Wildfire, Impact Weapons, The Way It Was, Urban Go Bags, Survival Medical Skills, Surprise! The probability of improbable events, Principles of Emergency Planning, Analysis and Control of Fear, Communicable Disease Survival, and much more.

MEMBERSHIP SUBSCRIPTION APPLICATION

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Name _____
Address _____
 - Put me down for 3-years membership for just \$50.00 []
City _____ State ____ Zip _____
Phone _____
 - I want to make an additional contribution of \$_____ to help Live Free. E-mail _____
- New Membership [] Renewal []

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Join on-line at www.americansurvivor.org or send \$20.00 for one year or \$50.00 for three years to Live Free USA, P.O. Box 3295, Munster, IN 46321

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