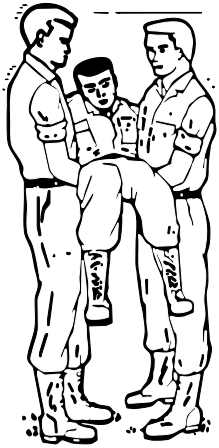


FAST FIRST AID SKILL SHEET #2

DRAGS AND CARRIES



FRONT VIEW

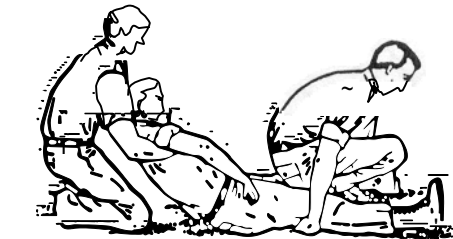
A With soldier lying on his back, a bearer kneels on each side of him at soldier's hips. Each bearer passes his arms under the soldier's thigh and back, and grasps the other bearer's wrists.



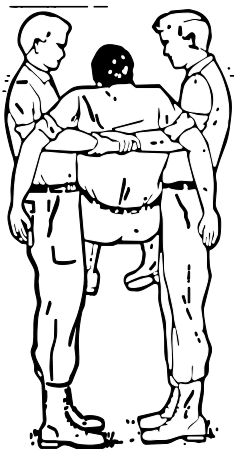
Pack-strap carry.



8 Bearer forward and hoist him as high on your back as possible so that all his weight is resting on your back.



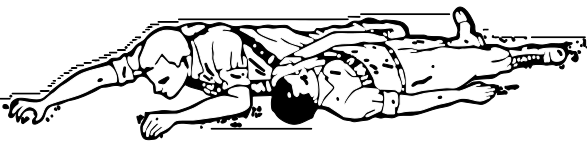
A One bearer spreads the soldier's legs, kneels between the legs with his back to the soldier, and positions his hands behind the knees. The other bearer kneels at the soldier's head, slides his hands under the arms and across, and locks his hands together.



BACK VIEW

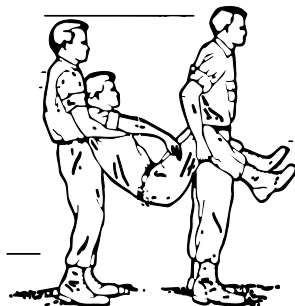
B The bearers rise, lifting the soldier.

Two-hand seat carry.

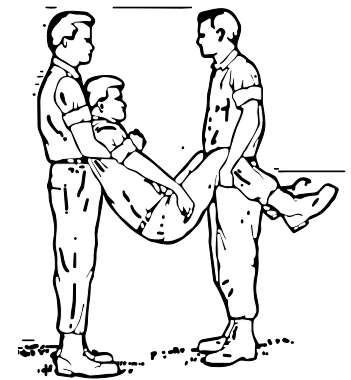


Extend two pistol belts or similar objects to their full length and join them together to make a continuous loop. Roll the soldier on his back. Pass the loop over the soldier's head and position it across his chest and under his arm pits; then cross the remaining portion of the loop, thus forming a figure eight. Lie on your side with back away from the soldier, resting on your right elbow. Slip the loop over your right arm and shoulder and turn onto your abdomen, thus enabling you to drag the soldier as you crawl.

Pistol-belt drag



B The bearers rise together, lifting the soldier.



c Alternate position - facing soldier.

Two-run fore-and-aft carry.