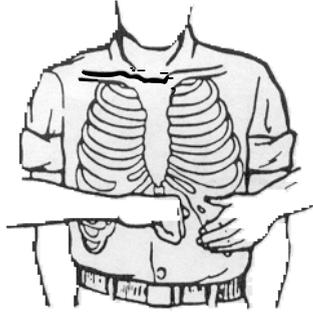


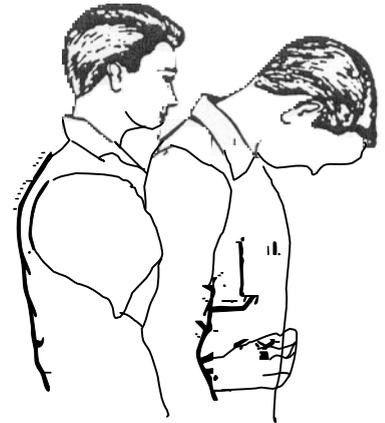
FAST FIRST AID SKILL SHEET #3
CLEARING A BLOCKED AIRWAY AND
RESCUE BREATHING



Universal sign of choking



Anatomical view of abdominal thrust procedure



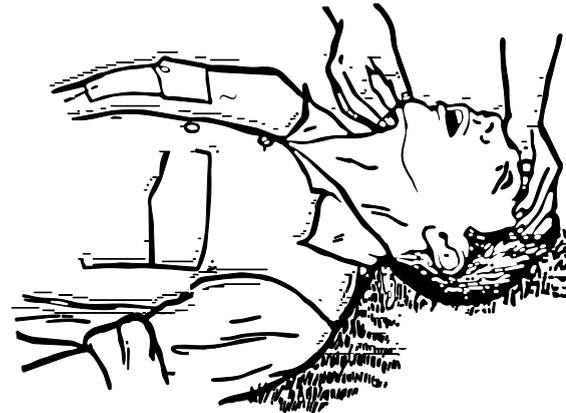
Profile view of abdominal thrust.



Airway blocked by tongue

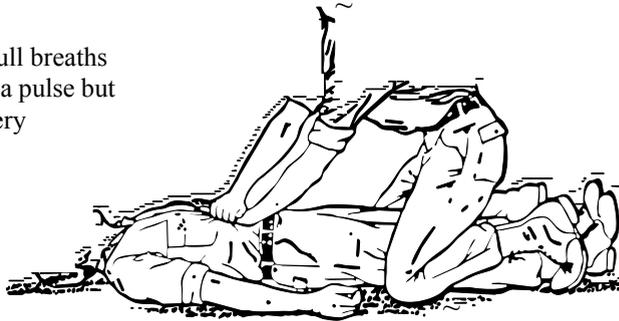


Airway opened by extending neck.

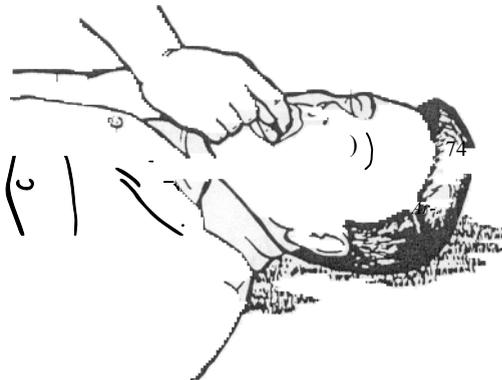


Head tilt-chin lift method of opening the airway.

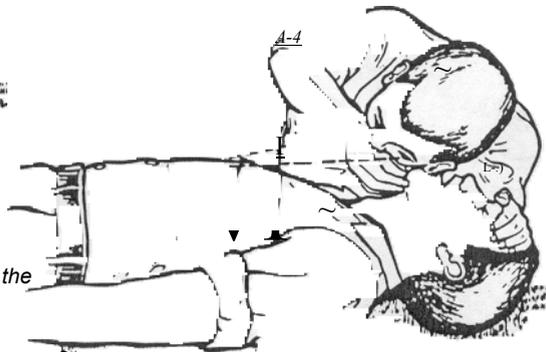
When airway is clear, give two full breaths then check for a pulse. If there is a pulse but no breathing, give one breath every 5 seconds.



Abdominal thrust on unconscious casualty.



Opening the casualty's mouth using the crossed finger method.



Check for breathing.



Rescue breathing.