

AMERICAN SURVIVOR

Survival Information For The Prepared Citizen

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IN THIS ISSUE: Viruses: Double Trouble for Civilization, Women Who Prep, Basic Bandaging, Will Self-Reliance Become Illegal, Live Free USA Annual Meeting Report, New Editor,

Viruses Double Trouble For Civilization

Virus is a derivative of the Latin word for poison. This is an accurate description of what its electronic and biological forms can do to life and life as we know it.



Introduction

Even if we put aside the obvious threats of a changing climate, crumbling economy and the end of fuel supplies, there are two major and highly probable disasters that could end civilization, as we know it even as we struggle with these other issues. Both of these threats come from viruses. The first danger is from the more traditional biological virus that has plagued (pun intended) civilization for centuries. The second is the more recent term "computer virus" that has very recent origins, but is no less of a threat. These threats are greatly compounded by the highly populated, centralized and technologically depended society that only developed in the latter half of the 20th century.

Biological Viruses

For the purposes of this discussion we will include viruses and bacterial forms of infectious disease.

Probability and Sources

Most epidemiologists and the Center For Disease Control (CDC) state that it is just a matter of when not if a massive, worldwide epidemic occurs. Based on the actions of governmental agencies in planning and stockpiling medications, this is their worst fear. The combination of population densities and world travel guarantee that any virulent and potent biological agent will spread and be out of control before it is even detected. Plagues in medieval Europe and Asia killed 1/3 to 2/3 of the populations before the thinned population and surviving immune systems burned them out. Modern medications and sanitation systems have reduced the occurrences and severity of plagues for the past few centuries, but these very defenses' have created the probability of truly widespread and disastrous epidemics in our time. The combination of an over-populated world located mainly in over concentrated cities and decades of being over protected with disinfectants and over

medicated with antibiotics leaves us like a growth medium in a Petri dish with weakened immune systems. Any new virus will find a "target rich environment" in today's populations. Modern mass transportation means that everyone of us comes into contact with the biological residue left by hundred and thousands of people. Potential illness and death fly from Europe and Africa, take the bus and the train, ride the elevator and wait on shopping carts, door handles and products. Of course most of these biological agents are harmless or cause only minor illnesses, but sooner or later (probably sooner) one of them will not be so harmless. There are millions of unknown viruses and mutations that have not been recognized, much less prepared for that could take root. Medical laboratories are continuing to experiment with various biological agents in their efforts to cure or treat existing diseases. Many of these altered viruses would find the human body with no defenses. Smallpox (Variola Major) was declared "eradicated" in 1980 and inoculations ended, but there are small stocks of the virus kept by the Russians and the US. There may still be other hidden reserves. We now have a population with no immunities. An accidental release of such material or the deliberate spread of them by some unstable employees could end life as we know it or even life period. And of course there are the rogue nations and terrorists who already have a variety of potent biological agents available. When you consider the above realities, it is truly a miracle the biological "big one" has not struck already. Being involved in the Emergency Medical Systems and community response planning for urban areas, I can tell you that the plans won't work and they know it.

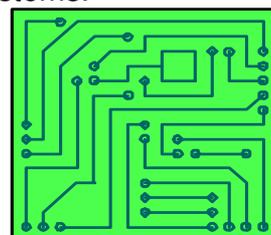
Impact and Effect

The obvious impact of a wide spread epidemic would be the disablement and deaths of millions or hundreds of millions of people. Even if we assume a "best case" epidemic of say ten to twenty percent fatalities and fifty to sixty percent disabilities of two to six weeks the civilization still collapses and millions more die as a result of violence, starvation, cold, heat, and other diseases. Because of our highly dependent and technologically sensitive world, the lack of people to sustain critical systems would quickly demolish order and safety. No one to respond to fires or police calls. No one to keep sanitation pumps, water pumps and electrical systems running. No one to deliver food, medications or fuel. No one to keep the virtual money in the banking and financial systems from evaporating. They will all be sick, dead or at least home protecting their own families.

The resulting desperation and shortages will have the cities in flames and the streets like war zones within weeks. The effects of failed water systems and sanitation (human waste and garbage) will initiate diseases like Cholera, Typhus, Malaria, and a host of other viral and bacterial infections.

Technological Viruses

For the purposes of this discussion we will include both program infection viruses, electromagnetic pulses (EMPs), since both would have similar impacts on existing systems.



Impact and Effect

The interdependence of our life critical systems on advanced technology has occurred so recently that the great majority of the population cannot comprehend the vulnerability that it has created. A few decades ago power generators, sanitation systems, emergency services (police, fire, medical) water supplies, transportation, fuel refining and national defense were “stand alone” human operated system that had to be physically destroyed one-by-one to stop them from working. Even massive “carpet bombing” during World War Two failed to put Germany and Japan completely out of action. Today virtually every motor, pump, valve, signal, lubricating system, electrical switch, financial transaction and defensive system is tied to computer controls. Any kind of program “glitch can burn out a motor, start a fire, lose a fortune, cause a crash blackout a city, blow up a refinery or start a war. Of course there are all kinds of tests and protective systems to prevent these from happening and the occasional “glitch” affects only a limited area or machine. There are two scenarios that could do massive and permanent damage to life critical systems in a highly wired nation. Unfortunally, the United States is the most technologically advance and there-for vulnerable nation on earth. The less developed and just developing nations still have lots of old-technology, human managed systems and the remaining old-school methods to fall back on. In the United States we have totally automated and networked most systems and the methods and the skilled people to revert to manually running things are long lost. A recent airline computer failure demonstrated this. There were the planes, the passengers, the fuel, the airport all undamaged, but because “the

commuters were down” they could not do what a few decades ago was routine, GET THE FLIGHT IN THE AIR! The first big hazard is from a so-called cyber attack. The Internet has made every single computer and programmable controller open to destructive attacks. Unlike most weapons, cyber weapons are just programs that can be created and launched from any nation, group or individual. A tiny fourth rate nation or crazed individual with enough smarts could (theoretical) shut down the world. The Chinese have whole schools devoted to training hackers and have already conducted raid and reconnaissance type actions against or systems. Viruses can be programmed to hide and wait until they find the targets and then wait until a predetermined time to act. Most experts believe that many such viruses are already inside the software of our power grid, communications systems, financial systems, and defense systems. The US Secretary of Defense recently testified that it is just a matter of time before the US experiences an “electronic Pearl Harbor”

The second threat to the majority of life critical systems is an EMP, Electromagnetic Pulse. These were original discovered as a side effect of nuclear detonations in the 1960s when nuclear testing had some effects on low-tech power and communication systems of that era. Only in the most recent decades has the potential of an EMP become threatening to the entire civilization.

While computer viruses can have the effect of disabling all or selected systems by penetrating cyber defenses stealthily, EMPs can disable both high-tech and low-tech equipment in a given area rather violently. There are various methods of “EMP proofing” most computers, motors

and other system, but none of these are fool-proof. There are a variety of way that an EMP event could damage part or all of the existing systems we now depend on to survive. EMP bombs consist of a system of electrical coils, capacitors and conventional explosives that generate a momentary and intense pulse when detonated. Depending on the size they can affect a small area or a whole city. The military forces of many nations now have a variety of such devices ranging for massive missile delivered bombs to tactical hand-grenades. Point and shoot EMP guns are also under development and Boeing recently tested a drone that can selectively EMP the enemies power grid, command centers, etc. These weapons are much easier for third world countries and terrorists to construct and deliver than nuclear weapons. There is also the potential for a massive solar flair. These events generate a natural EMP that can affect the entire world at once. We have experienced a few moderate events in recent decades, but we have not had one of the larger, but not infrequent flairs since we have become dependent on high-tech systems. No one know exactly how this would effect the world we have today.

You may think that a national or world electronic virus (or EMP) would be a big problem, but not like a "real" viruses that infects people. You would be wrong! The effects would be much the same. Yes, people would show up if they could get to their jobs, but nothing would work. No one would know what was going on or what was needed were. Hospitals equipment would be useless, sewers would could not be pumped, fresh water would not be pumped, planes would crash, traffic would be stopped, fuel would not be produced or delivered, power would go out. These effects would be

immediate and of long duration since the equipment would need to be repaired or rebuilt in a non-tech environment. Most jobs world be gone and most wealth (computer stored records) would be lost. The economy, the government and much else would simply stop working. Just like the biological virus effects, chaos, violence, diseases, and shortages would result in massive lose of life and property.

Conclusion and What You Can Do.

Both biological and technological viruses posse a highly probably and highly dangerous threat to our highly tech-dependent and interlocked civilization. These threats can only get worse as the population grows and technological dependency spreads. These, nearly inevitable disasters loom against a backdrop of the environmental, economic and resource deletion challenges we already face. A light that will not go on or a "flue like symptom" could be just that, or the start of a worldwide disaster. While we cannot live in a cave or be perpetually paranoid, we can be aware of these hazards and avoid over dependency and vulnerability. The ability to apply "old school" techniques to maintain life critical needs such as food, water, sanitation, protection and transportation combined with the ability to isolate oneself from an infected population for an extended period of time should go a long-way towards getting you through these and all other anticipated situations in the coming decades. Basic computer protection software and basic health and sanitation (e.g. masks, hand washing, etc) may be helpful for ongoing and "normal" viruses and attacks of both kinds, but will have no affect on the massive kinds of events discussed here. Even if you manage to avoid both kinds of infections yourself, the affect on the civilization and systems will expose you to all of the hazards that

disaster preparedness,, survival training, and self-reliance development is intended to defend against. Only real preparedness and real person-to-person, network development can provide all of the resources needed for a family to cope with living in a shutdown, turned-off world

Women Who Prep

By Jane Leigh

The other day a prepper who I recently met told me that I'm an anomaly that he hasn't met many single women who prep. My first inclination was to list the number of prepping women I know, but I realized as I made my mental list that only two of them are single women, and that all but one of them were introduced to prepping by their husbands or boyfriends. So I've thought about the reasons why the single women I know don't prepare for potential disasters, and why even the partnered women prep because of their partners' influence instead of coming to the conclusion that prepping makes sense on their own.

Because it *does* make sense – to me it always *has* made sense, and I can't imagine going through life without having enough food and supplies to make it through any of the 1001 weather, geological, and societal situations that can befall us. Yet prepping doesn't occur to so many women, or if it does they shoo the thought away and don't act on it – and I think this is because of deep inner denial. They don't like to think about lives being torn apart, about the dangers inherent in life. They have, as do so many of their male counterparts, ostrich syndrome, and prefer having their heads deep in the sand.

Correct me if I'm wrong, but I don't know of a single instance of an ostrich with its head in the sand stopping a lion's attack.

It's no fun thinking about the many things that can happen to derail our lives, but the world is full of dangers, from earthquakes to job loss to tornadoes to economic disasters to social upheaval to war, and denying that these things exist or might happen to you guarantees that you won't be ready for them if or when they do. The first step towards being able to survive in difficult times is thinking about the possibilities – once you've jumped this hurdle the rest falls into place pretty quickly, because then it becomes simply a matter of making lists, gathering items, and learning skills.

I don't suggest throwing yourself into a deep, dark depression by thinking of nothing but all the awful things that life might throw at you, but I do recommend that you initially think of the things that are likely potential events. First, think of your geographical location: are you in an earthquake zone? (Here in NW Indiana we're in the peripheral New Madrid zone.) Are you in Tornado Alley? (We're not in the main danger zone, but we've seen our share.) Are you in a hurricane or severe storm zone? (We only occasionally get hurricane influence here, although just this past November sprawling Hurricane Sandy was big enough to cause high winds, high waves, and loss of power here, and we certainly have some substantial storms.) Secondly, keep a close eye on politics and on the economy and on current events – and don't expect to learn the real story from television or the local newspapers. Go online – find sites that report the *real* news instead of the sanitized feel-good manipulative mushy oatmeal you'll find on television. Use discernment, because much of what's online is just as corrupted and has as much of an agenda as the mainstream news, but overall you'll learn more about what's really happening online than you

will anywhere else. Keep up with news about the economy and about geopolitics and American politics and current events and trends – you'll stand a better chance of seeing what's coming and being able to get a jump on it, and being ahead of the curve is part of what prepping is all about. Many of the women I know who prep limit their involvement to the kitchen and the home. Canning and food storage and having enough needed supplies are vital, but so is the knowledge of how to defend the home and those you love. Learn to shoot, learn to use a knife for self-defense. Learn basic first aid. Learn how to make a quick shelter from a tarp and some paracord. Learn how to use every tool in the tool chest. Learn, learn, learn! The more you know the more able you'll be to respond quickly and effectively to whatever situations life throws at you, and the less panic you'll feel in a stressful moment. And this is one of the beauties of going through the process of preparing for emergencies: your self-confidence will improve. You'll feel more competent in all aspects of life. You'll feel more balanced and able to deal with whatever life hands you. We can all use a hefty dose of that. So now that your head is no longer in the sand, begin making lists. Make a list of things you'll need if an emergency happens that will necessitate your leaving your house in a hurry – what will you need to have with you in a quick-and-ready bug-out bag? Make a list of things you'll need if the emergency means staying in your house for an extended period, with stores being shut down – food for at the very least several weeks, fresh water, sanitation supplies, first aid supplies, a way to heat food if utilities are off, light sources, ways to defend the house and your family. Then make a list of what you'll need if an End-of-the-World-as-We-Know-It event happens. It's no fun

contemplating TEOTWAWKI, but if it's possible we want to be prepared for it. A solar storm could bombard the earth with enough high-energy particles to wipe out the electrical grid worldwide and in effect send us all back to the 1800s. So make a list of hand tools you'd need, along with seeds you'd want, because at this point you'd have to grow your own food. (And make sure you rely on heirloom seeds, not hybrids, not GMO seeds – this way you can restock from the yield of seeds from the first year's growth.)

Now that you've made your lists and have scoured lists from prepping sites online, begin getting all the things you'll need. Most of us don't have money trees growing in the backyard, so we have to make our purchases piece by piece by piece, a little at a time, and we especially like good deals – stores like Harbor Freight tools and Walmart help stretch our dollars. And don't forget about places like Big Lots, Baileys in North Judson, and dollar stores – I've found some great deals on foods and decent tools in the lower end markets. I've also found better prices on some staple foods like rice and dried beans in Indian and Mexican markets than in regular supermarkets. Every time you go shopping, pick up a few things for your long-term prep lists as well as your usual groceries and supplies. And watch for coupons and sales.

Ultimately you'll begin to enjoy prepping. You'll get a little rush when you find an especially good deal on dried beans or you hit the bull's-eye on your target six times in six shots. You'll also appreciate the feeling of being a well-informed citizen who is able to take care of herself and her family. And you'll really enjoy the sense of self-confidence and increased self-esteem that you'll get when you know that you're far more capable and competent than you were before you started the

prepping journey. The most priceless gift you can give yourself and those around you is the ability to survive and possibly even thrive come what may. So surrender the inner ostrich – lift your head, open your eyes, and be a proud, prepared lioness!

Will Self-Reliance Become Illegal?

The authorities are certainly not concerned with the current batch of “preppers”. The existing survival and preparedness movement is still small and its impact on regulatory agencies, established systems and the tax base is insignificant. **But lets assume that we succeed in converting ten to twenty percent of the population to a high state of emergency independence and general self-reliance.** They would drastically reduce their use of public utilities. They would be keeping and repairing things instead of buying junk. They will be less dependent on medical services. There would be lot of untaxed untracked trading and bartering. They start using a lot more homegrown and home preserved foods. Maybe they even use a lot less fuel and energy. At that point local, state and even national governmental agencies lose significant funding and authority. As they fail, even more people are driven towards self-reliance. Big conglomerate businesses that provide most of the food and import most of the junk we now buy start to hurt as home economics and small local stores rise. These big entities need lots of volume to survive. At some point in the next ten years we are going to frighten some very powerful and wealthy establishments. The good news is that the paradigm has already shifted. **Big**

government and big business as we know it will not survive the 21st Century. The bad news is that big establishments seldom adjust voluntarily to situations that do not benefit them. History is full of examples that I will not dwell upon here.

Water

A man in Utah was recently fined because he collected all of the rainwater that fell on his property. The state maintained that rainwater is a public resource. A Live Free member was mercilessly harassed because his water bill was consistently zero. They dug up his lawn and even tried to sue. He was simply gathering rainwater in a cistern. Most municipalities charge sewer bills based on water usage (in = out) and fund both the water supply and sewer treatment systems from water bills. A significant use of rain barrels and cisterns is going to force a change in revenue sources or regulation and taxation of your water gathering system. Note: Large-scale use of rain barrels and cisterns could alleviate water shortages and act as a huge retention system to reduce flooding from heavy rains.

Food

Grocery store profit margins are pretty small. That’s why the inner cities are “food deserts” the combination of low volume and “shrinkage” (read theft) makes supermarkets unprofitable. A neighborhood full of vegetable gardens, canners and dehydrators could easily close stores. Big agribusinesses like ConAgra, Archer-Daniels-Midland and Cargill live on volume. Between a shift to self-reliance, fuel shortages and the climate change they will need to downsize and even breakup. They are bound to lobby the FDA to regulate home grown foods and food preservation.

Undoubtedly there will be some instances of food poisoning from home canning. These rare instances will be magnified by the media as justification for regulation or even prohibit these practices. Most municipalities prohibit raising poultry and livestock. These regulations were enacted back in the 1930s and 40s as supermarkets took over. Now they will need to be challenged and reversed. As food prices go higher to compensate for lost volume more people turn to alternative food production and localized sources. Again, such deregulation will meet with strong resistance

Fuel and Energy

There is great economy of scale involved in electrical generation and home heating. Simply put; one big generating plant is more efficient than hundreds of small ones. I cannot picture millions of urban and suburban homes with masses of solar panels, windmills and basements full of deep-cycle batteries. Barring some significant event, the power grid should be around for a while. As electricity becomes more expensive usage will decline. The combination of more efficient lights and appliances and more conservative usage will force the utilities to raise rates that will only reduce usage further. **We can look forward to far less affordable and less reliable power.** So while we may remain connected to the grid, everyone will be seeking to have alternative and supplemental power sources. Block clubs and homeowners associations may even set up their own systems. But here again, lots of regulations will need to be changed and lots of interests will be hurt.

Weapons and Self-protection

As police budgets are cut and black-market gangs try to replace the failing supply systems, groups and communities will be forced to create formal or informal

protective organizations. These may be local reserve police groups with legal authority or just unauthorized (but necessary) community defense leagues. These will be a counter force against the intimidation and violence of organized criminals and rogue authorities. No other forms of self-reliance will be safe unless its practitioners are fully able to defend it. **Therefore we can expect continued efforts to designate armed self-reliance groups as dangerous and extremist to justify legislation to prohibit firearms, ammunition and training.** Undoubtedly as things get worse there will be unfortunate incidents, but everything depends on resisting public disarmament at every level.

Concerns

Recent studies of “modern dictators” indicate that they are much more subtle and ingenious at suppressing (NG) non-government movements and organizations. In Russia, Egypt, Venezuela and other countries that pretend to be free they simply use taxes and regulation to make it impossible for non-conformists to operate while they fund government controlled groups to manipulate, subvert and control their initiatives and support. We can expect this to happen here as well.

Vulnerabilities”

Today's youth have been raised in a completely dependent oriented society and have little concept of hardship, struggle or self-reliance. The shock of not being supported or having to figure out how to do rudimentary tasks will no doubt result in some very traumatic reactions and “its not fair” complaining. We also have created a techno-dependent system that is vulnerable, and delicate. Cyber attacks, power failures, and just general economic attrition is bound to cause major

loss of many life-supporting systems. The whole economy, law enforcement, medical, communications, transportation and social world now depend on what exists only in electronic data. Poof!

Finally today's "virtual" networks and highly splintered survival and self-reliance movement is vulnerable to being subverted, diverted and dispersed by any well organized attack. Only real organizations with real resources and person-to-person, face-to-face networks and "boots on the ground" operation in their communities and states will be able to get the jobs done under future conditions.

Conclusions

If a person or group of persons survives a crisis or disaster without significant support from government entities or corporate provided resources they are seen to be a threat to the established order and economic system. The more self-reliant a family becomes the less it is subject to regulation and taxation. This in turn reduces the capacity of agencies to operate. There-for, *you* are the problem. **By doing well without these systems you deprive them of the resources and justification for existence. This in turn will hasten their inevitable downfall.** At some point these large entities are going to start blaming unemployment, lost profits, lost tax revenues and every other problem on the self-reliance movement. This will sell particularly well to the dependent class and the entrenched bureaucracy. Of course you are not the cause of the failure. You are the solution to the failure. Expect a nasty and even violent struggle in the years to come as smaller and freer replaces big and regulated.

BASIC FIRST AID: BASIC BANDAGING

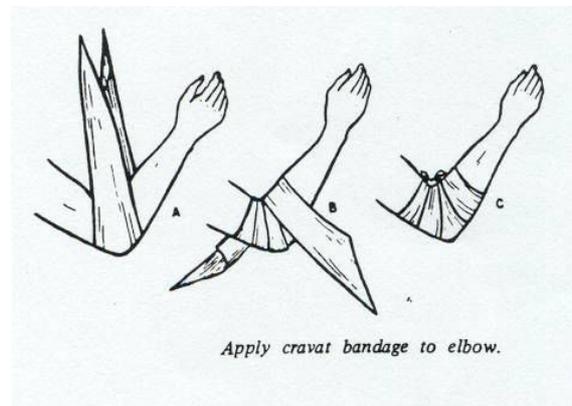
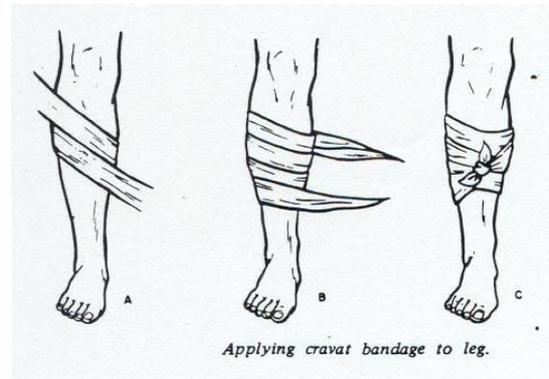
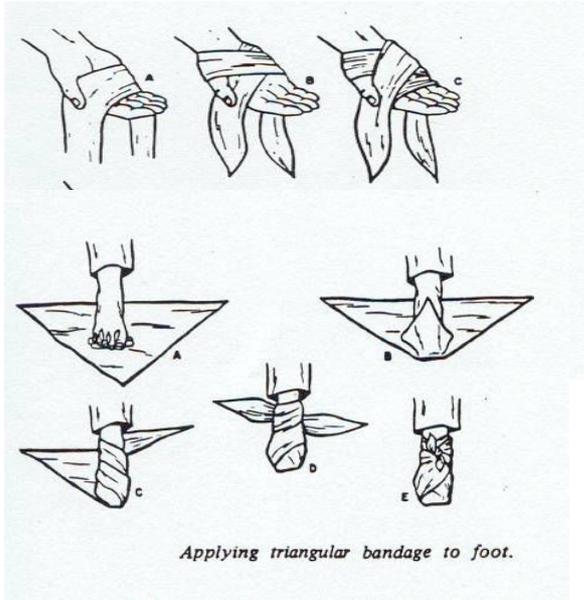
Continued from previous issues

Future issues will cover patient packaging and environmental illness to complete this series.

Lacerations, abrasions and burns are common injuries. They are almost assured to happen during a survival situation. These "soft tissue" injuries must be cleaned and bandaged effectively to relieve pain, prevent infection and allow the injured person to continue functioning. In survival only the walking, working wounded will be able to survive. You may not have all of the prepackaged, self-adhesive bandaging products that we are all now used to using. You may need to use triangles and strips of clean or preferably sterile cloth for bandaging. Dressings may be secured with Saran Wrap™, duck tape or electrical tape. Here are the basic procedures for bandaging and a few illustrated examples.

- If the wound is bleeding heavily your only priority is to stop the bleeding!
- Freely bleeding wounds should be covered with a sterile dressing bandaged in place
- Abrasions and shallow wound should be cleaned with soap and water and covered with a sterile dressing.
- For skin flaps: flush with clean water and replace flap before applying dressing
- For separated skin: apply dressing to wound and keep skin dry and cool for reattachment
- A sterile dressing is preferred but a clean dressing is better than no dressing
- Soap and water adequate for wound treatment. Alcohol, iodine etc. are not recommended

- Dirty wound can be flushed with clean water or saline (salt) solution from a squirt bottle
- Extensive cleaning (debridement) removal of debris from a wound should be avoided unless medical care is not available



AMERICAN SURVIVOR GETS A NEW EDITOR

This publication started in 1977 as "Direction" and then "New Directions" before changing to "American Survivor" in 2006" Although I was the first editor, the job was passed through six other editors before returning to me in recent years. Of course, I have always been a major contributor of material. I resumed the job "temporarily" because struggling with several unreliable editors was harder than doing it myself. If I had not retired from my paying job in 2010, I probably would not have been able to keep up with the newsletter and the various task associated with being the president and representative of a fast growing Live Free USA organization. Recently I have had to pass up some opportunities for Live Free in order to keep up with other tasks. As our founding members grow older it will be essential to the survival of the organization that the many functions be dispersed among new and capable members. I certainly intend to continue making significant contributions to the newsletter while having more time to support other organizational functions. The election of capable officers to almost every post at the last annual meeting clearly indicates a bright future for Live Free USA. Jane Holloway will be the new Managing Editor and Publications Director starting with the July/August issue. She will introduce herself in that issue. Please welcome her and give her your full support.

Jim Jones

LIVE FREE USA 2013 ANNUAL MEETING REPORT

While it was only a few years ago that we held the annual meeting in a home, we now are filling up a good-sized conference center at the Hammond Indiana Cabela's store. If growth continues, we will need to consider a larger facility in a year or two. This year's agenda was a bit different than in the past. This year we first had the "State of Live Free" report on our progress and challenges. We then had a networking break where members met their chapter leaders and established nominations for offices. When we returned to cover the business issues there was much greater participation.

State of Live Free

Jim Jones delivered a report on our progress and what we needed to do in the next few years. The main concern was that our membership and chapter growth is outpacing our staff and funds. We need to get more active officers and find ways to raise more funds in 2013-14

- We now have 12 chapters and a few more forming. This is up from 8 chapters last year
- We have had major exposure through Survivalist Magazine, Survivalist webcasts, the Nashville TN Survival Preparedness Expo, and through Survival and Beyond radio.
- Membership has increased about 20% since 2012
- We spent and took in about \$9,500.00 in 2012, but gained over \$1,000 more in early 2013 giving us a reserve of over \$4,000 to use for program development, promotion and chapter support. We had no sponsors or major contributors in 2012 so all funds were from events, book sales and dues.

Official Business

Thirteen members received to **Members Service Award** for their special efforts and initiatives in support of the organization and its mission in 2012. This was twice as many as last year.

John Bock of the Guns Save Lives organization in Illinois presented two resolutions that were voted and adopted by the meeting participants. One was in "**Support of the fundamental right of Americans to own modern personal defense firearms**" and the second was in "**Support of the enactment of shall-issue right-to-carry {laws} in Illinois**". Copies of these resolutions are available on request.

The following officers were elected

- President: James C. Jones
- Vice President: John Bock
- Treasurer: Marie Jones
- Recording Secretary: Mark Smith
- Publications Director: Jane Holloway
- Training Director: Larry Chisausky
- Fund Raising Director: Nick Carlson
- Public Relations Director: Lisa Pappas
- Safety and Security Director: David Pappas
- Directors at Large: Richard Rock, Joshua Goins, Lisa Kujawa, Brian Clay

The post of Membership Secretary was left vacant.

This meeting brought significant progress in support and internal development that we can expect to see as improved programs, publications and chapter support in the next months..

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