

AMERICAN SURVIVOR

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Home Defense When the Police Can't Help

By James C. Jones

While the original source of the recent protests was the alleged police misconduct in one municipality, it morphed into a national movement and then was captured by the extreme left and turned into a general attempt to disband or disarm all police agencies. While it is unlikely that any municipalities will actually disband their police departments it is probable that new State and Federal regulations will render police unable to adequately protect the life and property of citizens.

- Police may be prohibited from using effective means to stop or restrain criminals who resist arrest. Knowing this, criminals may simply ignore lawful orders to stop or submit to handcuffing. Without the use of effective take-down methods, police are left to scuffle with criminals who outweigh them and may be on drugs that greatly increase their strength. Police may (wisely) elect to just let them go.
- If the job of police is to confront strong and often armed criminals without being able to use force, many of them will resign, few will volunteer, and more will commit suicide*.

- Police may be prohibited from using so-called "military-style" equipment and weapons such as armored vehicles, teargas, and "assault-rifles", leaving them totally unable to resist organized crime, riots and looting.
- If police "defunding" demands are even partially met there will be fewer police, less training, and fewer raises and benefits. Why will anyone want to become a cop?



Community Defense

The primary justification for having government is to protect the people against enemies, foreign and domestic. If the government (national, state, or local) is rendered unable to protect the people, the citizens have the right and obligation to band

together for mutual defense of life, liberty and property.

If the anarchists are successful in rendering the police ineffectual, the citizens will be forced to act in their own best interests by forming community defense organizations. Such organizations may be called: The Neighborhood Protection Committee, The Home and Community Defense Alliance, or The Town Safety Association. It would be preferable that such organizations would operate with the support of the local police agencies, if possible. Such organizations should be non-political, and avoid recruitment of unstable, criminal and extremist elements. In addition to defensive duties, these organizations should participate in community clean-up, elderly help, disaster relief and other similar activities.

- Members would be required to maintain a minimum level of armament and ammunition. For example: a handgun of no-smaller than 9mm with a magazine capacity of no less than 17 rounds, four spare magazines and 500 rounds of ammunition. Or a shotgun with 250 rounds of police or self-defense ammunition. Or a rifle of 5.56 mm with 15 or 30 round magazines. While standardization may be desirable this is not a para-military organization and members may have different budgets and capabilities.
- Members would be required to pledge a certain number of hours to patrolling, guarding and responding to drills and actual emergencies
- A fast phone-tree, or auto call system would be required to assure fast response to developing crime or unrest situations.

- Emergency plans to cover various threats would need to be developed by a committee and hopefully together with existing law enforcement agencies.
- While uniforms would not be required some form of easily identifiable garment such as a vest, cap, or arm band would be necessary.
- The mission of such groups must be confined to local defense and crime prevention, and activities beyond the town or county borders should be avoided.

It would be regrettable if good law-abiding citizens are driven to such measures, and there would no doubt be incidents of abuse and conflict, but the alternative would be true anarchy, and the surrender of our communities to criminals. At some point there would be efforts to outlaw, disarm and disband such organizations. This would only lead to further violence and an end to American society and liberty. Let's hope the politicians are wise enough not to force the public into such a situation

**The suicide rate among police is already extremely high.*

ALL LIVES MATTERS

The mission of Live Free USA is now and has always been the preservation of life and freedom of ALL good citizens. In essence our core principle is that ALL LIVES MATTER. Of course black lives matter, but as a slogan or mission it is by definition discriminatory and divisive. ALL LIVES MATTER is the only acceptable, unifying and positive proclamation. We have also held that "in times of crisis we must all turn TO each other not ON each other" or as Ben Franklin put it "we must all hang together or we will surely hang separately", yet the

extreme left has succeeded in creating division and hatred in the midst of our facing a common menace that should be uniting all Americans. Any slogan that is racial exclusive should be a problem for thinking Americans. ALL LIVES MATTER is a moral imperative and a practical necessity for the survival human life and individual freedom now and in the future. We must not let extremist and anarchist slogans and rhetoric divide us. LIFE MATTERS and FREEDOM MATTERS.



ONE FLAG, ONE PEOPLE, ONE NATION

Ten Principles of Survival as Applied to the Pandemic

By James C. Jones EMT/CHCM

I wrote the Ten Principles of Survival about ten years ago and have included them in all four of my books in different ways. I have also used them as the basis for several presentations' in recent years. I did not establish these "principles" as a dogma or set of rules. Ten is just a convenient number and a way to organize important concepts. Subjects like survival, preparedness and self-reliance can be complicated and confusing, so establishing reference points and guides can be helpful in setting priorities and goals in any endeavor. Disaster preparedness by definition is based on the assumption that something bad is going to happen. As such it is defensive and reactive

in nature. Self-reliance is the active pursuit and assertive maintenance of personal independence and freedom regardless of external threats and conditions. It is happening to the conditions instead of letting conditions and events happen to you. While I have been able to find and use plenty of examples of how these principles have been applied to personal emergencies and localized disasters, the world-wide pandemic offers the first opportunity to demonstrate how they worked under truly catastrophic survival situations. This is the time to examine how well each principle was applied or should have been applied to the various challenges created by the pandemic itself and the secondary but no-less real challenges it created.

1. ANTICIPATE: Those who assume that things will not change or that nothing can go wrong wind up being victims. Those who do "what if analysis" on potential hazards and trends are ready to survive. While those who say "this can't be happening!" are still in denial, the survivor is ready or has already acted. Survivors are people who quickly move through the stages of denial, and deliberation to decisions and actions. Accepting the possibility or probability that a bad thing may happen to you is essential. The military calls this process "OODA" for Observe, Orient, Decide and Act. He who hesitates is often dead. The potential for a world-wide pandemic has been rated as one of the most probable disasters on our "threat matrix" for many years. While many survivalists and preppers tended to focus on threats such as nuclear war, or an electromagnetic pulse, a pandemic was always more probable. Many well respected scientist stated that it was "not a matter of if but when" a serious pandemic occurred. We anticipated the probability and gave priority to the stocking of N95 masks, bleach and

other supplies. In fact we may have been the only ones who included N95's in our everyday/pocket carry recommendations. Now that it has happened, we can anticipate:

- That the government and the population will focus on preparedness for another pandemic, at the expense of preparedness for other scenarios.
- That the government, the grid, and the economy will be so weakened that it will be unable to respond to the inevitable follow-up disasters.
- That it will be more important than ever for the public to be prepared and self-reliant
- That extremists and criminals will continue to foment unrest and civil disorder.

2. BE AWARE: *The military calls this "Situation Awareness".* On a "big picture" level this means being aware of the national economic, political, and environmental situation and the developments in your communities and at your place of employment. What are the trends? What are the developing hazards, shortages, and threats? On a more immediate level you must develop the habit of observing and analyzing things around you and ahead of you. In the case of this pandemic those of us who are constantly monitoring the news, reading magazines, books, and newspapers became aware that something was going on in China in late November. This initiated the "just in case" responses to add more to our stocks of masks, water, food, and yes toilet paper before the general population did. I actually met folks who seemed to be proud of ignorance! Comments like "I never watch the news", or "it's just like the flue" persisted, even as late as early March. The lessons here are:

- Know what is going on in the world, and in your community. Something that happens in China today can kill you next month. A crime trend that starts in the next town can be in your home next week.
- Be constantly gathering information from reliable (not the internet) sources. A working knowledge of science, medicine, economics, history, and politics is necessary to sort out the lies, myths and scams from the truth, and actionable information. Gather information from reliable, nonpartisan sources.

3. BE HERE NOW: This sounds obvious, but think about it. When we are on the phone, reading, texting or playing a game we are there not here. We tune out what's going on around us. This is okay in a safe environment, but never in an "at risk" situation. A survival situation requires being 100% at this time and at this place. Denial is the first stage of any undesirable scenario. We tend to say things like "this can't be happening!" or "you have got to be kidding!" Denial was certainly evident in the reaction of political leaders and the public as the first indications of what a pandemic would bring to civilization. This is normal human behavior, but it costs valuable time. Clinging to normality when normal is no longer an option can be deadly. The takeaways here are:

- Those who anticipate a *potential* emergency of any kind will move from denial to action faster than those who deny that bad things can happen to them.
- Those who accepted that there was a deadly pathogen loose here in their community now or in the immediate future rather than wishing it weren't true

adjusted, and adapted better and faster than those who tried to not think about it.

- Whether it is crime, civil unrest, a pandemic or any other threat, it is far better to accept the reality and act based on a “worst case” potential than to ignore it.

4. STAY CALM: Easier said than done. If you have followed the first three principles your reactions are going to be automatic and appropriate. Once you have escaped the immediate (assault, shots, fire, etc.) threat, take some slow deep breaths. Gather your thoughts and follow the next six guides. Remember your calm (or apparent calm) will help others follow your lead. In the case of this slower developing situation staying calm was equally important to maintain mental and emotional stability. As the situation worsened and more stringent requirements were enacted, fear and panic began to set in. While on the one hand, officials strived to reassure the public, the statistics and the pleas from hospitals for more supplies tended to shake everyone’s confidence. It wasn’t airborne, then it was. It didn’t last on surfaces, then it did. Masks didn’t help, then they were required. All of this added to insecurity and panic. Most people did stay relatively calm, but the specter of general disorder and panic was just below the surface in many areas. What we must keep in mind here is:

- The basic grid services such as food delivery, police and fire protection, medical care, and other’s where maintained, but came close to breaking down. Had these services failed most people would not have been able to stay calm for long.
- Any additional threat such as wide-spread civil disturbances, a cyberattack on the electric grid or water supply,

would have initiated a complete breakdown of civilization.

- Only fully prepared and self-reliant people who are part of a support network or group could remain calm and survive in such situations. We came close this time and should prepare for the next.

5. EVALUATE: Think about where the situation is going and what your options are. Evaluate the risks if you do nothing versus various actions. Consider your own level of health, knowledge and resources. Will you have help or are you on your own? Prioritize risk vs. cost. As soon as this pandemic began to develop the smart survivor needed to evaluate where things could go and how it could affect them. In this case your age, health status, level of preparedness, financial situation and location all played a part in this evaluation. Were you fully prepared to shelter in place for a prolonged period? Could you still add some items to your stock without undue risk? Who could you depend on for help? How could you best isolate from the public and some family members? What could you do if you or family members did get infected?

- Hopefully you did not have all your eggs in the one basket of evacuation and combat. More types of disaster require shelter in place, and medical skills than packs and guns.
- Hopefully you had taken into account medical supplies and the needs of family members
- Hopefully one of your emergency plans covered the potential for a pandemic, but it needed to be reevaluated on a daily basis as the situation progressed.
- Hopefully you will reevaluate your preparedness plans based on the lessons learned here. Consider this a live-fire drill for even worse situations.

6. DO THE NEXT RIGHT THING:

Sometimes you can let the enormity of the situation panic you into inappropriate actions or into giving up. You eat the elephant one bite at a time. Once you know what must be done to survive focus just on how to take “step #1” Don’t think too much about the other one thousand steps ahead. In the case of the on-going shifts in the environment, society, and the economy the next “right thing” may well be to shift away from dependence and vulnerability as fast as possible. In the case of an imminent threat (epidemic, civil unrest, economic collapse) the next “right thing” is either sustained home independence or effective evacuation of the danger zone to a secure area. The former is usually preferable, but the latter option must be available and well planned.

The above text is exactly as it was written many years ago. It certainly turned out to be accurate as applied to the current situation. As the emergency developed the public and the various government agencies were faced with a series of necessary (right thing) actions. The next right thing for individuals was to limit exposure while securing as much supplies as possible. The next right thing for most agencies was to issue guidelines and warnings. Later, the right things involved closing the economy and staying at home. The next right things could have gone further into martial law and armed community defense. We observed how this principle was applied or failed to be applied throughout the emergency.

- Being able to do the next right thing depends on your level of preparedness and your survival skill level. You couldn’t where [protection if you didn’t have it, and you couldn’t isolate at home if you didn’t have supplies.

- Lack of preparedness and denial tended to force people into doing the next wrong thing such as going to the grocery store without adequate protective equipment. In some cases frustration resulted in violence, but it could have been much worse.
- In this case we have multiple threats requiring different and some-times conflicting actions. Protecting against an existing epidemic pathogen while defending against potential looters and coping with a loss of income. This is what we call an “asymmetric disaster” * requiring the ability to take several balanced actions.

7. TAKE CONTROL: Happen to the situation instead of letting it happen to you. This is what we all must do now as we face the so-called EWAWKI situation and what we must be ready to do immediately when bad things happen. You need to own the situation. We should own the future not fear it. That’s the difference between survivors and victims. The above principle was definitely applied at all levels as the pandemic developed. Prepared individuals started executing their plans and leading their families and communities, while others seemed paralyzed and confused. Taking personal control now and tomorrow requires that we accept the following realities.

- Survivors need to own the new normal, and take control of the new future. Yes, even taking advantage of the opportunities for change and improvement created by this emergency.
- If good citizens fail to lead and take control, opportunistic criminals, and politicians will use this emergency to take life, liberty and property from every one of us.
- Undoubtedly, there will be future local and world-wide disasters in the coming decades. Taking control of our own lives,

and the capability to sustain and defend our families is the only hope of owning the future.

- Well organized criminals and extremist are already taking control of disasters to further their own agendas at the expense of families. Only organized mutual support organizations on the local level can reduce damages and preserve safety.

8. HAVE WHAT YOU NEED: That sounds simple, but it requires careful anticipation and awareness to have the right stuff where and when you need it. For example: having lots of food and firearms is not what you need when you have a house fire. You need good fire extinguishers now! Having a full NBC suit and mask at home will not help in the more likely situation of smoke or biological hazards encountered on the streets. It's not what you have, it's what you have with you. Prioritizing and acquiring skills, supplies and equipment based on personal and realistic expectations rather than popular media scenarios is critical. The objective is to have safe air, effective defense, adequate shelter, clean water, sufficient food, needed medical care when and where you need it. Not much needs to be added to this paragraph, if you abided by this advice you did pretty well through the pandemic. A few points can be made as we recover and reset our preparedness systems.

- The chances of another pandemic are not diminished by the fact that we have one now. We are even more vulnerable to additional pathogens and other types of emergencies than we were before this one, so stock up and educate yourself ASAP!
- Government agencies, emergency response systems and the economy is exhausted and weakened. Response to any new emerges (cyber-attack, civil unrest, terrorist action, etc.) will be

limited. Individual and family preparedness and supplies may be the only sources you have.

- If you have resisted to necessity to acquire home defense firearms and ammunition you are in denial. The recent "civil unrest" should have convinced you that such actions are an essential responsibility.

9. USE WHAT YOU HAVE: The accumulation of stuff alone will not assure survival. You have to know how to use it and then use it effectively. This gets us complacent and dependent. You will also be faced with situations where you need to improvise and scavenge. Know how to use what you have and know how to do without it, then you are a survivor. Fortunately, we had enough of most items to get by this time, but it did cause us to think about future needs to improvise and utilize more what you have more effectively.

- Critical infrastructure survived, but was close to failure in some cases, this engendered creative thinking about how we would get by without critical services and supplies we take for granted. People were forced to do "what if analysis" on food, sanitation, home defense, shelter and other needs.
- Actually reading those survival and preparedness books and getting some training so that you could use what you have, and get by without becomes important.

10. DO WHAT IS NECESSARY: That may sound obvious, but it is often the failure to do what was required that resulted in death. Civilized living has programmed us to adopt habits, fears and reactions that are counter to survival necessity. This was one of the most obvious principles applied during the pandemic. Social distancing, canceling

plans, wearing masks, and staying home were all *necessary but* unpleasant. It could have been much worse. We could have had to abandoned our homes, shoot looters, forage for food and go without medical aid. We got a glimpse of what we could face in a future situation.

- Survival necessity changes the rules. Looting to get a new TV or clothing is just criminal, but looting to get food rather than starve is hard to argue with.
- Using deadly force or the threat of deadly force for personal gain is criminal, but using it to defend your life and your family is absolutely justified. In fact not using it is failure of your duty.
- Throughout the emergencies we saw how organizations and agencies were forced to ignore, bypass or even violate established rules and laws by sheer necessity. Such limited temporary adjustments may be justified under special circumstances, but could lead to overreaching violations of individual freedoms. A robust self-reliance movement and active resistance to oppression must be sustained

That's my Ten Principles of Survival, but of course there has to be one more. The 11th principle is **NEVER GIVE UP**. Live Free USA has not given up, even when we were chastised as alarmists or "doomsday nuts". We kept on advocating preparedness, self-reliance and survival education when complacency and lack of support killed most other survival organizations. Having a clear mission was what keeps us going, and it is what each citizen must have to get through any survival challenge.

Conclusion

The pandemic of 2020 and the massive civil unrest were a true tests of the validity of the Ten Principles of Survival. We now have the opportunity to apply them to everyday

life and the new normal, going forward. They can be applied to individuals, families, and organizations with equal effectiveness. They apply to surviving small emergencies like home fires, storms, or accidents as well as to great national and world-wide disasters. These principles offer a path to success in good times and survival and freedom through the challenges that face this and future generations

** See "Asymmetric Disasters" article in the May/June 2019 issue of American Survivor.*

Modified Shooting Drill

By Old Nam Vet

This drill is designed to improve your speed and accuracy. For it you will need a shot timer and a target with clearly marked hit areas, similar to the IPSC or IDPA targets.

Set the target up 3 to 5 yards away from your position. Set the timer for 5 seconds. The weapon should be holstered or at the low ready position if your new to shooting. At the beep raise the weapon and engage the target center mass, AKA the 10 zone or the -0 zone, with 1 shot. You should have plenty of time for a single aimed shot with seconds to spare. Reset the timer and at the beep raise the weapon and fire 2 aimed shots at center mass. Reset and at the beep fire 3 shots center mass, keeping all your shots within the 5 second window. Keep adding a single shot, 4, 5, 6, 7,8 whatever you can manage within the 5 seconds. Stop when you're starting to miss. Then go back to where your last successful set of shots were and practice that until your able to complete the shots, all center mass hits, with some time to spare, then resume adding rounds while keeping the 5 second limit.

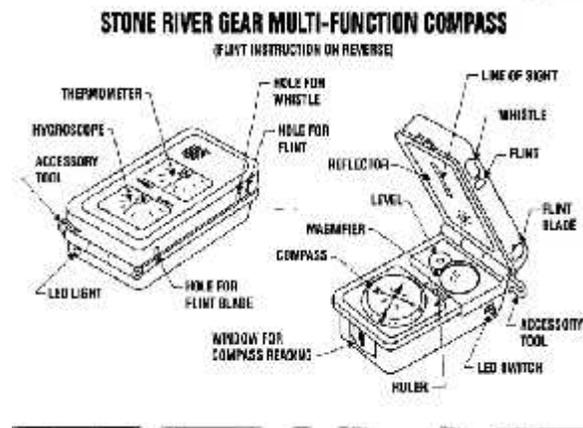
Once this becomes second nature, or you just want to spice things up a bit you can move the target farther back to 5 yards, 7 yards, whatever distance you can maintain center mass hits within the 5 second time limit. Another way to add to the exercise is cut the time down to 4 seconds or even 3 seconds while keeping the number of accurate shots on target as your best original set. What I do is alternate hits to the center mass and then a head shot and back to center mass for the next shot, back and forth until you run out of time.

This is a good warm up or cool down exercise when you're doing your weekly or bi-weekly shooting practice. Unless you're on a private range, check with the people in charge about they're policy on rapid firing or drawing from a holster. The range I use requires you to take a class before they let you draw or rapid fire. That class was worth the price because it helped me improve some of my techniques

Multi-Function Compass

As you can imagine, after more than fifty years, I have accumulated quite a collection of survival related gadgets. Multi-function items that do more than one thing, such as a knife that has a fire starter and a flashlight, or a flash light that has a compass and a seatbelt cutter. As a "thank you" for a donation to the NRA (one of many) I was sent a Stone River Gear™ multi-function compass. In addition to the compass there is a thermometer, hygroscope, whistle, fire starter, mirror, magnifier, level and LED light. Actually there is little survival value to the thermometer, hygroscope or level as you usually know if you feel cold, damp or off-balance, but the other items are useful. The Stone River Gear website does not list this item, and it (like almost everything) is

made in China. Even the NRA and a reputable outdoor supplier is a prisoner of Chines economic power. Whatever it is I would gladly pay more to put Americans' to work.



Kind of a handy gadget for outdoors



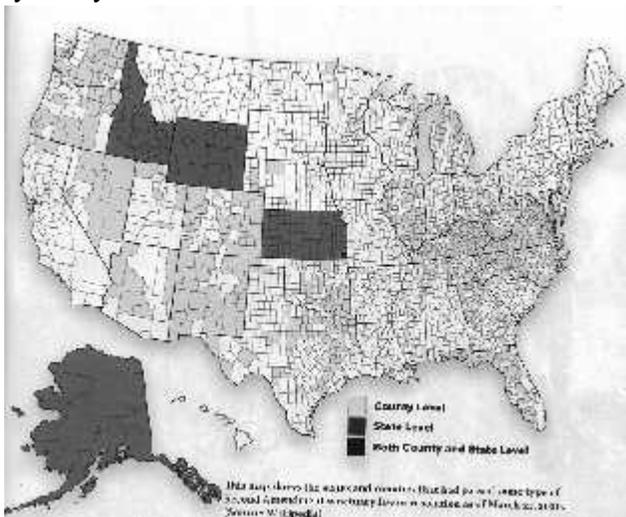
Compass with cover open and magnifier extended. On the right, top to bottom, small striker, and small magnesium fire starter stick, tool to deploy items, and tiny whistle

A Map of Resistance

If you don't believe that America is headed for serious revolution and civil war look at the map below. The darkened states are those that have already pledged to resist any attempt by the Federal Government to restrict firearms ownership under the second amendment. The darkened

counties are those that have already passed resolutions pledging to disobey federal or state gun restriction and confiscation laws. This is *before* a Democratic, anti-gun administration is elected. It is safe to assume that if the Federal Government enacts registration, confiscation and limitation laws, at least twenty states will refuse to enforce or obey them. Even in states like Illinois Colorado, Washington and Oregon, the great majority of the counties will reject such Federal and State imposed regulations.

It is important to repeat that the second amendment says nothing about the right to go hunting, or even the right to self-defense. The second amendment is about the right of the citizens to oppose the state with “military-style” weapons. The issue is about disarming the population in order to impose tyranny.



LEADERS WANTED!

Live Free USA as lost two of our most active Directors within the last year due to illnesses. We were already short of enough leaders to fill all of the positions on the Board of Directors before these losses. While the Annual Meeting had to be postponed, we will have to fill these positions and restart our programs later in the year. We need to fill two open Directorships and an open Recording Secretary position in addition to electing or reelecting the President. In early 2021 we will have another open Directorship to fill. **WE DO NOT WANT PLACEHOLDER OFFICERS!** Those who take an office should commit to aggressive leadership and self-activated activity. Any officer should be doing at least eight to ten hours of work for Live Free USA each month. We have the established reputation, we have the funds and equipment, we have the developed programs, but we have far too few **WORKING** leaders taking the initiative or adopting programs as their own. The recent pandemic will reenergize the whole preparedness industry and establish the importance of our mission beyond question, but if we are not prepared to lead, we will fail our members and our country. **WE ARE LOOKING FOR DEDICATED LEADERS!** While we would hope that some of our readers and members will step up, we may have to reach outside the organization.

NOTICE: Due to the continued spread of the Covid-19 Virus pandemic and the restriction on gatherings and facilities, we are forced to cancel the 2020 Live Free USA Annual meeting. Election of officers whose terms ended in 2020 will be postponed until the 2021 meeting and their elected terms will be for two years instead of three, this will preserve the three year alternating sequence in the bylaws. Meanwhile these officers will continue in office.

To Do

- Aqua/Hydroponics
- Beekeeping
- Bug out Bags
- Communication
- Drone for security
- Emergency Medical
- Fire-Starting
- Food Preservation
- Gardening
- Get Home Bag
- Herbal Medicine
- Home Defense
- Orienteering
- Poultry & Rabbits
- Soap Making
- Solar Energy
- Water Purification
- Wild Edibles

**NW Indiana
PREPARES**

**Saturday,
September 5, 2020**

**Crown Point, Indiana
4FamilySafety.org**

Self Reliance and Preparedness Expo

FREE ADMISSION

10:00 am - 4:00 pm

FAMILY FRIENDLY

Gary Sportsmen Club
10101 Madison Street, Crown Point, IN
One block west of Broadway

Presentations Demonstrations
Hands-on Activities and Vendors
takes place inside and out - rain or shine!

CAMP INDEPENDENCE WILL RETURN

America's original survival and preparedness education event will be back in 2021. We had to cancel this event in 2020 because the venue was not available and we did not want to endanger our participants or the public with this gathering. The 2021 event will be more important than ever as we continue to deal with the effects of the pandemic, civil unrest, economic instability, and a multitude of ongoing and developing survival challenges. We also intend to use this as a networking and unifying event for leadership and preparedness groups throughout the region. Plan now to attend and bring members of your family and group. We are now gathering instructors and speaker, and will welcome suggestions*. We will start taking registrations later this year, but those seeking to secure a camp site or "Rent-A-Camp: cabin for the event should do this immediately as these are very limited and often reserved far in advance. We suggest that you secure a place for Friday evening the 21st and Saturday evening the 22nd. Reservations can be made online at the Indiana DNR website.

Saturday May 22th 2021, 9:00 AM till 6:00 PM (EST), At Tepicon Hall, at Tippecanoe River State Park, North of Winamac Indiana on US Highway 35.

\$20.00 per person, \$30.00 per family

Speakers and instructors may contact survivorjj@aol.com

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MEMBERSHIP SUBSCRIPTION APPLICATION

- Yes, I agree with the mission of Live Free and want to join now. My \$20.00 is enclosed []
- Put me down for 3-years membership for just \$50.00 []
- I want to make an additional contribution of \$_____ to help Live Free.

Name _____

Address _____

City _____ State ____ Zip _____

Phone _____

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New Membership [] Renewal []

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Join or renew on-line at:

WWW.AMERICANSURVIVOR.ORG

Membership: \$20.00 per year, \$50.00 for 3 years

